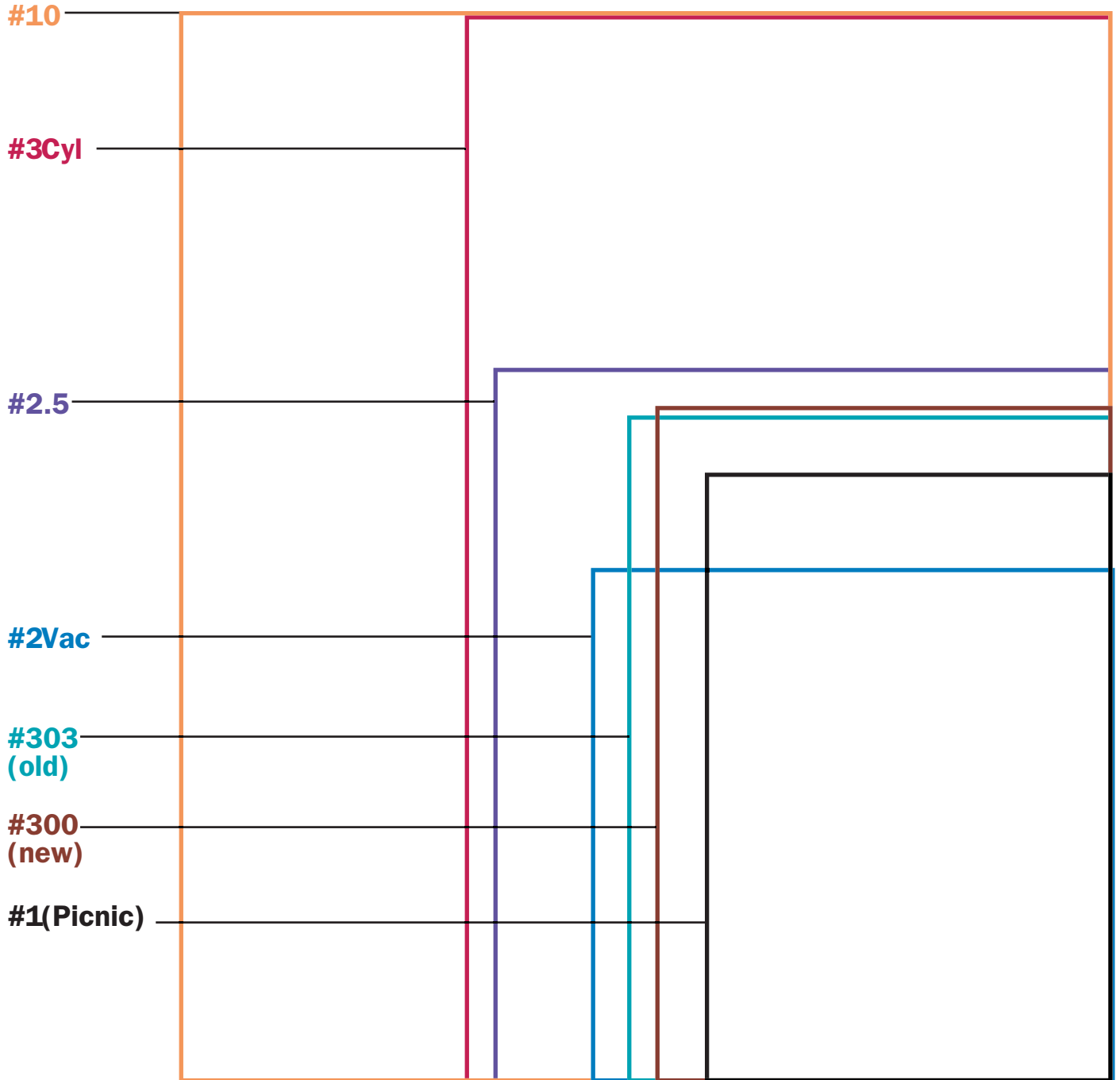


CAN CONVERSIONS

from USDAs Food Buying Guide

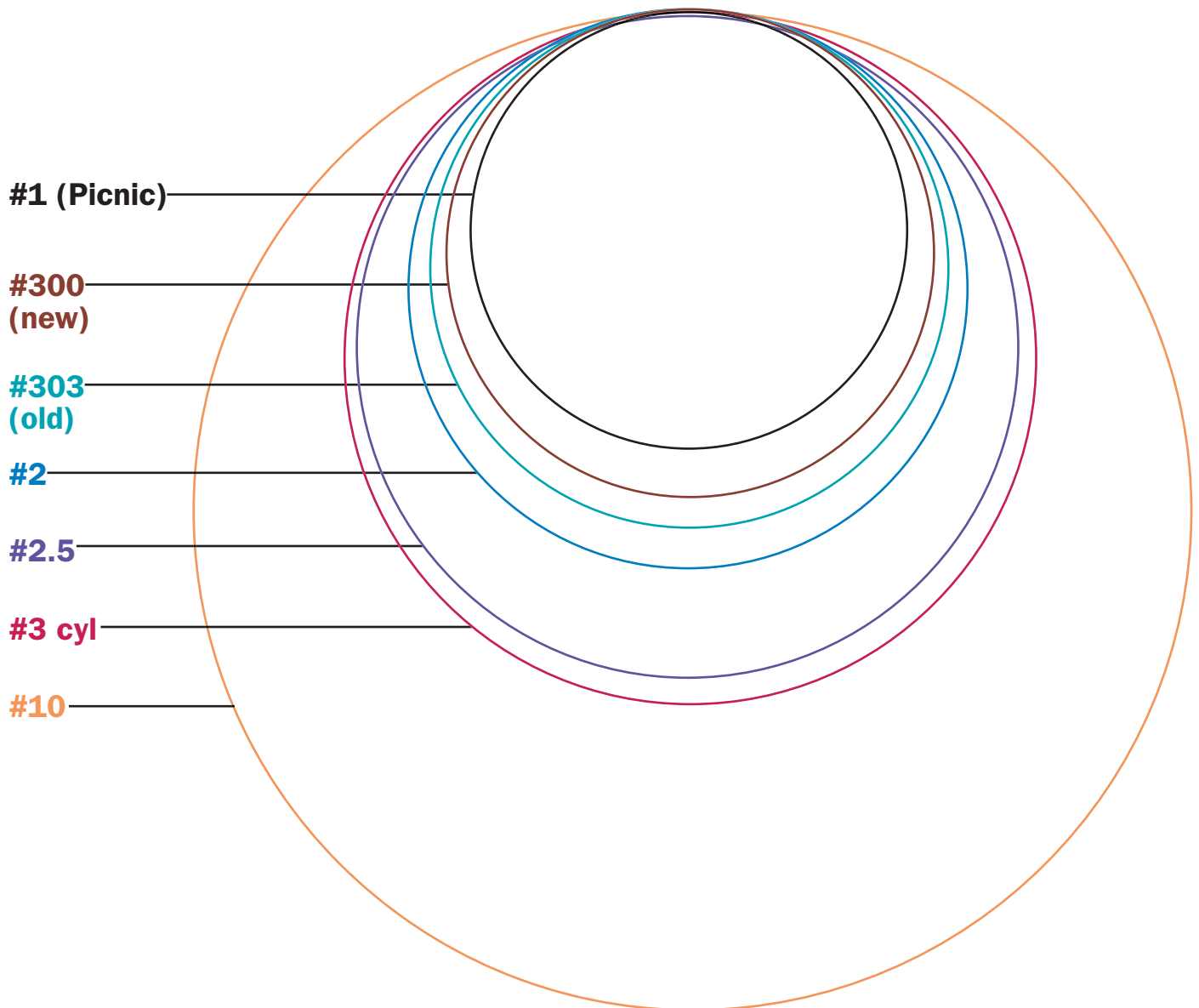


Height

Directions:

Lie a can on its side directly on this actual size template to help you determine what size can it is.

Cans						
Size	Fluid Ounce	Weight	Cups	Quarts	# per Case	Principal Products
6 oz		6 oz	3/4 cups		48	
8 oz	7 3/4 fl oz	8 oz (1/2 lb)	1 cups		48 or 72	Institutional Size Ready-to-serve soups, fruits, vegetables
# 1 (picnic)	9 1/2 fl oz	10 1/2 oz to 12 oz	1 1/4 cups		48	Small Cans Condensed soups, some fruits, vegetables, meat, fish
# 300 (new)	13 1/2 fl oz	14 oz to 16 oz (1lb)	1 3/4 cups		24	Small Cans Some fruits and meat products
# 2 (vacuum)	12 fl oz	1 lb & 4 oz	1 1/2 cups		24	Small Cans Principally vacuum-packed corn
#2	20 fl oz or 18 fl oz	1lb 4 oz or 1pt 2 fl oz	2 1/2 cups		24	Family Size Juices, ready-to-serve soups, some fruits
#2 Cyl	24 fl oz		3 cups		24	Family Size Juices, soups
# 2 1/2	26 fl oz to 30 fl oz	1lb 10 oz to 1 lb 14 oz	3 1/2 cups		24	Family Size Fruits, some vegetables
# 3 Cyl	51 fl oz or 46 fl oz	3 lb 3 oz or 1 qt 14 z	5 3/4 cups		12	Institutional Size Condensed soups, some vegetables, meat and poultry products, fruit and vegetable juices
# 10	96 fl oz to 117 fl oz	6 lbs to 7 lb 5 oz	12 to 13 1/2 cups	3 qts	6	Institutional Size Fruits, vegetables, some other foods



Directions:

Position the top side of a can directly on this actual size template to help you determine what size can it is.

Diameter